# CONFLICT MANAGEMENT AND RESOLUTION

Erasmus+ KA1 Training Course in Córdoba (Spain)



www.andalusianteachertraining.com



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# Conflict management & resolution

Conflict management and resolution in the classroom are vital skills for creating a positive and harmonious learning environment.

Teachers play a crucial role in fostering healthy communication and conflict resolution among students. By implementing strategies such as active listening, teaching empathy, and promoting dialogue, teachers can help students address conflicts constructively.

Teaching conflict resolution skills empowers students to express their feelings and perspectives in a respectful while also manner learning to understand and empathize with others. Additionally, establishing clear expectations for behavior and providing opportunities problem-solving collaborative for conflicts prevent from can escalating.

By proactively addressing conflicts and teaching valuable interpersonal skills, teachers not only create a more peaceful classroom but also equip students with essential life skills that they can apply in various contexts beyond the school environment.

# Conflict management & resolution, benefits

- **Improved Learning Environment:** Addressing conflicts promptly constructively fosters and a positive and supportive classroom atmosphere where students feel safe and respected. This conducive environment enhances students' ability to focus on learning and academic achievement.
- **Enhanced Social and Emotional** Skills: Teaching conflict management equips students with valuable social and emotional skills, such as empathy, active listening, and perspective-taking. These skills not only help students navigate conflicts effectively but also contribute to their overall emotional intelligence and interpersonal relationships.
- **Reduced Disruption:** By providing students with tools to manage conflicts independently, teachers can minimize disruptions to the learning process. Students are better equipped to resolve disagreements peacefully, allowing lessons to proceed smoothly without interruptions.

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# Course description

Those of us who have the privilege of working and sharing space with children must recognise that daily interaction is enriching, and is also a constant back-and-forth of intellect and emotion.

Every exercise of daily socialisation generates affective bonds, but also the latency of conflict.

This course is an opportunity to understand the way in which a child can relate to his or her peers in the school environment, recognising the possible origin of the conflict, in order to look for alternative ways of resolution.

#### Learning outcomes

- Acquire and develop skills for positive conflict management in the classroom.
- To learn the basic techniques that, supported by social skills, improve coexistence in the school environment.
- To learn about mediation as a tool for conflict resolution at different academic levels.

#### **Details**

- One week course
- Starting from 480€ (Cultural activities included) \*
- Min. 4 max. 14 participants
- Certificate of attendance included (80% of attendance required)
- Available in Córdoba
- Also available in Spanish

\* A 60 € late registration fee will be applied if you register less than 8 weeks before the course start date.

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## **Tentative schedule**

#### Day 1. Course introduction

- CHECK IN. Emotions, expectations and focus
- Education for positive conflict management:
- Conflict perspective
- Elements and typology of conflict
- Emotions and conflict

#### Day 2. Conflict in schools

- Evolution of a conflict: from conflict to violence and from violence to bullying
- Factors that influence the appearance of conflicts in schools
- Communication and participation at school

This schedule describes likely activities but may differ significantly based on the requests of the participants, and the trainer delivering the specific session.

Course modifications are subject to the trainer's discretion. If you would like to discuss a specific topic, please indicate it at least 4 weeks in advance.

#### Day 3. Communication and participation

- Process of communication and participation in the school
- Communicative strategies to resolve individual conflicts: tutoring
- Communicative strategies for resolving group conflicts: restorative circles

#### Day 4. Relations with families

- Role of parents and teachers with respect to education
- Decalogue for parents and teachers to communicate
- Conflicts with parents at school

#### Day 5. Peaceful conflict management

- Peaceful conflict management and transformation: What is mediation?
- Communication techniques
- Resources applicable to the classroom

# **About the provider**

Andalusia Teacher Training is a training company founded in 2018 focused in the attitudinal training and the improvement of human performance. The company works with clients with the aim of increasing their results both in personal or professional areas, developing techniques and strategies in the areas of coaching, Emotional Intelligence, soft skills and Neuro Linguistic Programming (NLP).

Andalusia Teacher Training learns from the experience gained by its staff, professionals with years of background in the fields of training and the development and management of transnational projects in the frame of Erasmus + Program. Andalusia Teacher Training is currently made up of a multidisciplinary team of 8 people, with backgrounds in languages, translation and interpreting, psychology, international relations, pedagogy and communication.

In the field of international projects, the staff has a solid background in the development and implementation of funded projects in the frame of Erasmus+ and in the areas of entrepreneurship, leadership and application of coaching, Emotional Intelligence and soft skills to different fields. In the last five years we have been involved in more than 50 KA2 projects, of which more than 25 have been developed by our staff.



José Antonio Alonso: Has studies in Economics and Psychology. He is Master in Coaching and El, Master Trainer in NLP (Spanish NLP Association), Expert in Gestalt therapy and Master in Ericksonian hypnosis.

José Carlos León: Coach with a large experience training teams, persons and organizations using EI tools. With a degree in English Philology, he has also been tutor in the Master of Coaching of the University CEU San Pablo and facilitator in the areas of EI and NLP.

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### Enjoy training... and Andalusia

Obviously, training is a key aspect, but the environment makes the experience complete. That's why Cordoba is the best possible setting, the only city in the world with four World Heritage Sites by UNESCO, a city steeped in history and culture, and also the ideal place to discover Andalusia.

Less than an hour away by train you can enjoy the bewitching Seville, the cosmopolitan Malaga and the haunting Granada, as well as having some of the best beaches just two hours away by car. All in the best connected city in Spain by high-speed train, 1.45 minutes from Madrid and in the centre of Spain's most charming region. Are you going to miss it?





## How to get to Córdoba?

Córdoba has no airport, but there are excellent connections to our city from three international airports thanks to the AVE (High Speed Train):

- Madrid. 400 kilometres, 1.45 hours to Córdoba by train.
- Seville. 130 kilometres, 45 minutes to Córdoba by train.
- Málaga. 145 kilometres. 50 minutes to Córdoba by train.

**Málaga** is the best option, due to the high amount and variety of international destinations and the facilities to link your flight to the train.

**Madrid** International Airport Adolfo Suárez is the biggest airport in Spain and it has connections with all the important destinations in Europe. Flights use to be cheaper and both the frequency and the options are higher, so it is also a good chance.

**Seville** is another option, though destinations and frequencies are not the best. Check if it fits your plans.

Train. There are different companies offering connections from and to Madrid, Málaga and Sevilla to Córdoba. The sooner you book, the cheaper!!

- RENFE (www.renfe.es). In trains from and to Seville or Málaga, you will find AVE and AVANT. The service is the same, though this last one is cheaper. It happens the same from Madrid with AVE and ALVIA.
- IRYO. (https://iryo.eu). Cheap tickets if booked with months in advance.
- AVLO (https://avlorenfe.com). From June 1st 2023. Renfe low cost brand.

#### **Contact Us**

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